Resources

The following resources may be helpful to students and other members of our department community:

- Advising
- Affiliated Centers & Programs
- ASE Policy
- Careers & Internships
- Conference Room
- Grader/Reader Policy
- Interdisciplinary Writing Studio
- Scholarships & Awards (including Graduate Funding Opportunities)

Immigration and Undocumented Student Resources:

On Campus:

**UW DREAM PROJECT**

This page exists to provide information to support students whose presence in the United States is undocumented. The Dream Project’s goal is to provide all students with access to higher education, regardless of their background. If you are still have questions about the effect of undocumented status on college admissions, please do not hesitate to contact us.

**Leadership Without Borders**

The Leadership Without Borders Center (LWB) works to serve and empower undocumented students at the University of Washington. LWB offers leadership development resources, college success navigators, the Husky Dream Lending Library, a space for community building, and connections to other campus and community resources.

**ADDRESS**

3931 Brooklyn Avenue NE
Box 355650
Seattle, Washington 98105
Phone: (206)-685-6301
Fax: (206)-616-1041
E-mail: undocu@uw.edu

Off Campus Immigration and Undocumented Resources

- Green Cards and Permanent Residence in the U.S.
- How to Become a U.S. Citizen
- Students with F-1 visa status have opportunities that can put them on a path to permanent residence
- Seeking Asylum
- Steps to Protect Immigrant Communities
- NW Immigrant Rights Project
- ARCS Citizenship & Immigration Assistance
- One America Know Your Rights
- Post Election Immigration Resource

Off Campus Counseling Resources:

**Seattle Therapy Alliance**

Located in the Lower Queen Anne neighborhood of Seattle, STA was opened in 2009 with the two-fold vision of training graduate counseling students in psychotherapy and women’s issues while simultaneously making low-cost therapy available to women. We believe that a key to healing our wounded world lies in supporting women, one population disproportionately affected by physical, sexual, and domestic abuse, economic instability, and the weight of single parenting. Think about it: 70% of the persons who live in poverty in the United States are women and children. And, while women represent 50 percent of the world population, they perform nearly two-thirds of all the working hours, receive only one-tenth of the world income and own less than 1 percent of world property. There are very few places where women will get a break. This is one way we can help.

**Seattle Counseling Service**
A community based organization that has been dedicated to promoting health and wellness within the LGBTQ community for 45 years. We are committed to providing accessible services, offering a sliding fee scale in addition to accepting Medicaid and many insurance plans.

**Consejo Counseling and Referral Service**

An award-winning agency that has provided behavioral health services to the Latino community in the state of Washington for near four decades. Most Consejo’s clients are immigrants from Latin America who speak Spanish who represent the largest growing community in the United States today. The outcomes demonstrated by Consejo across Washington State have won it a noteworthy national reputation for providing culturally competent services designed to address the diverse needs of adults, children, adolescents and families in the Latino community.

**Asian Counseling Resource Service**

Promotes social justice and the well-being and empowerment of Asian Americans and Pacific Islanders and other underserved communities — including immigrants, refugees, and American-born — by developing, providing and advocating for innovative, effective and efficient community-based multilingual and multicultural services.

**The Psychotherapy Cooperative**

A small non-profit therapy organization created in 1996 by several psychology faculty who teach in the Masters Psychology program at Seattle University and by graduates of this program.

**Community Counseling and Psychology Clinic at Antioch University Seattle**

Trained in a variety of clinical psychology and counseling techniques, our staff consult with you to identify the best approach for your situation. In partnership with seasoned, licensed psychologists and counselors, the Clinic provides supervised learning opportunities for graduate students, with special attention to understanding multicultural differences.

**On Campus Health and Wellness**

**Hall Health**

Hall Health offers a wide array of highly rated primary and specialty care clinics and services, including Primary Care, Women’s Health, Family Health, Mental Health, Sports Medicine, Physical Therapy, and more. You are automatically eligible for many valuable health services, **which are available at no further cost** to UW-Seattle campus students.

- One visit per quarter for medical concerns (this excludes comprehensive physicals, specialty visits, and procedures) or one travel consultation per quarter
- Preventive counseling and contraceptive advice
- Unlimited visits with our Consulting Nurse, including an after-hours nurse phone line for urgent medical problems
- Advice about HIV and other sexually transmitted disease exposures
- Reproductive health counseling
- Unlimited access to the Wellness Resource Center
- Blood pressure screening and consultation
- Help quitting smoking

**Contact Us**

Monday, Wednesday, Thursday & Friday 8:00 am – 5:00 pm, Tuesday 9:00 am – 5:00 pm
(206) 685-1011
Location: 4060 E. Stevens Way NE

**No Health Insurance?**

If you’re a typical college student without much income, there are subsidies available to lower the cost of private insurance. If you are low-income, you might be eligible for public insurance, also known as Medicaid, for which you would not need to pay. As you apply for the insurance through an online exchange, you will be prompted to enter income and demographic information. The system will determine your eligibility for Medicaid and subsidies based on this information. **Affordable Care Act**

**UW Counseling Center**

Counseling Center’s staff of psychologists and mental health counselors provide confidential and culturally-sensitive counseling, consultation, referral, and crisis intervention services. The UW Counseling Center exists to support UW students in all aspects of their development. It provides personal counseling, career counseling, study skills assistance, and other services to currently-enrolled UW students.

**Contact Us**

8 am-5pm, Monday, Wednesday, Thursday, & Friday
9:30am-5pm on Tuesdays
Location: 401 Schmitz Hall,
206 543 1240
**Student Care**

Health and Wellness is a starting point for students in distress and in need of multiple levels of support. We provide intervention, assessment and consultation to students directly and work with faculty/staff to respond to incidents that cause concern in the classroom or beyond.

**Why should you make an appointment with Health & Wellness Student Care?**

- You are not sure how to handle a situation that is affecting you emotionally, physically, academically or otherwise.
- You would like to discuss options for staying in school while dealing with a complex situation.
- You would like to discuss options for taking a break from school while dealing with a complex situation.
- You would like to discuss or receive information about on- and off-campus resources.

**Contact Us**

Please email livewell@uw.edu or call 206.543.6085 to make an appointment or to discuss your situation and relevant resources.

**Sexual Assault & Relationship Violence, Stalking, & Harassment Advocacy**

Health & Wellness offers advocacy and support for students impacted by sexual assault, relationship violence, stalking, sexual harassment and other related experiences. A Health & Wellness Advocate is available to meet with students and help them understand their rights and options for reporting both on campus and in the larger community as well as assist with connecting to resources, academic advocacy, and safety planning. Health & Wellness is a safe and confidential starting point for University of Washington students affected by these issues.

**Contact Us**

You can make an appointment with the Health & Wellness Advocate by emailing hwadvoc@uw.edu or calling 206.543.6085 during business hours.

**Alcohol & Other Drug Education**

Health and Wellness provides educational programs, consultation, and resource referrals around alcohol and other drugs, combining evidence-based intervention and prevention practices to support the campus community.

**Contact Us**

For more information, contact Health and Wellness at livewell@uw.edu or 206.543.6085.

**On Campus General Interest and Resources**

**More Campus Resources**

**CoMotion MakerSpace**

That’s right – we have a MakerSpace right here on campus and you should absolutely take advantage of the amazing tools and resources here. Whether it is a 3D Printer, Industrial Sewing Machine, or just a space to to create and share projects, this community-centered and diverse social place for people with different skills and common interests has something to offer just about anyone. They have orientation/safety training sessions throughout each quarter and once you have attended one of these 1 hour sessions you are on your way to taking advantage of the equipment and trainings available all year round.

Get In Touch
Phone: 206.543.3970
Email: uwcomotion@uw.edu

**Q Center**

The University of Washington Q Center is a fierce primarily student run resource center dedicated to serving anyone with or without a gender or sexuality: UW students, staff, faculty, alum, and community members. We host and support student groups, put on regular programming events, house a lending library, and amplify student voices on our Student Blog.

**Frequently Used Resources**

- Name and Sex/Gender Changes on University of Washington Records
- Legal Name and Sex/Gender Marker Changes in WA State
- Gender Neutral Housing
- Gender Neutral Bathrooms
- Intramural Activities Building (IMA)
- Insurance Options
- Health Resources

The Q center
Box 355838 HUB 315
4001 Northeast Stevens Way,
Seattle, Washington 98195
GWSS Librarian

Did you know that we actually have a GWSS Librarian here on campus??  She is AMAZING and she is eager and ready to help you in your research and special projects. Cass Harnett can help get you connected to the media and archival resources here on campus. She can be reached at cass@uw.edu.

ASUW Women’s Action Commission

The ASUW Women’s Action Commission is one of eight diversity commissions founded by the Associated Students of the University of Washington. Each commission has a mandate to put on educational programs each quarter, as well as serve and advocate for its constituency within the student government and the administration. The WAC seeks a social justice framework that recognizes and affirms the multiple and intersecting identities held by woman-identified and/or female-assigned-at-birth constituents.

Student Groups the Fall Under their Umbrella:
- Unidas Seremos
- Sisterhood UW
- 3WF – Third Wave Feminists
- Planned Parenthood Votes NW

The Career Center

The Career Center is your one-stop-shop for a host of different resources. From personal 1 hour appointments to work on your resume to seminars and meet and greet events with employers from across the region and beyond. The Career Center is here to help you make the connection between your course of study and the career you have always dreamed for.

Contact Us
For more information, contact the Career Center at ccsfd@uw.edu or 206.543.0535. Or just drop by at 134 Mary Gates Hall.

Center for Experiential Learning and Diversity

Did you know that you could actually get funding for that research project you have always wanted to take on? The Undergraduate Research Program (URP), which is housed at the University of Washington in the Center for Experiential Learning and Diversity, Mary Gates Hall 171, under the auspices of Undergraduate Academic Affairs, facilitates research experiences for undergraduates with UW faculty members across the disciplines. URP maintains a listing of current UW research opportunities and national programs.

The URP assists UW undergraduates in:
- Planning for an undergraduate research experience
- Identifying faculty mentors and projects
- Defining research goals
- Presenting and publishing research findings
- Seeking funding for research

Contact Us
For more information contact the Center for Experiential Learning & Diversity at urp@uw.edu or 206.543.4282. Or stop on by at 171 Mary Gates Hall

On Campus Disability Resources

UW Disability Services Office (DSO)

dso@uw.edu - 206-543-6450 - 206-685-7264 (Fax)

Their mission is to provide leadership to the University community in achieving employment and educational access for individuals with disabilities.

They provide:
- Services to faculty and staff with disabilities
- Accommodation advice and resources for departments
- Assistive equipment
- Classroom or examination accommodations for nonmatriculated students
- Interpreters (sign language, oral, and tactile) and real-time captioning
- General access accommodations for members of the public attending University events

Off Campus Disability Resources

Disability Rights Washington

Disability Rights Washington (DRW) is a private non-profit organization that protects the rights of people with disabilities statewide.
Their mission is to advance the dignity, equality, and self-determination of people with disabilities. They work to pursue justice on matters related to human and legal rights.

They provide free services to people with disabilities.

Voice: (800) 562-2702 or (206) 324-1521
Language interpreters are available via the AT&T Language Line.
Please use 711 for Washington Relay Service (TTY).

Disability Rights Washington
315 - 5th Avenue South, Suite 850
Seattle, WA 98104
info@dr-wa.org

Department of Gender, Women & Sexuality Studies
University of Washington
B110 Padelford Hall, Box 354345
Seattle, WA 98195

Phone: (206) 543-6900
Fax: (206) 685-9555
gwss@uw.edu

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